



RESOURCE GUIDE

Children, Adolescent, and Teen Behavioral Health Services

A publication of the children's mental health public awareness campaign



YOUR CHILD'S
Emotional
Backpack



A United Way Agency Since 1958

The **Your Child's Emotional Backpack Resource Guide** is a publication of the children's mental health public awareness campaign at Mental Health America of Greater Houston. The providers listed offer services to Children, Adolescent, and Teen Behavioral Health Services in Greater Houston and surrounding areas. It is designed to help professionals and families locate agencies, organizations and facilities focused on the mental health and wellness of children. For additional resources, information or referrals, please call 211 for the United Way of Greater Houston—our partnering agency since 1958.

For more information about the campaign, or to get involved, visit www.mhahouston.org/your-childs-emotional-backpack/ or email communications@mhahouston.org.



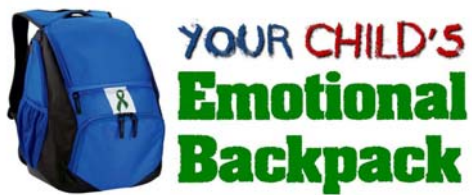


Table of Contents

Crisis and Intervention	4-5
Integrated Primary and Mental Health Care	5
Developmental Disability Support	6
Eating Disorders	6
Substance Use	6-7
LGBT Support	7
HIV/AIDS	7-8
Emergency Mental Health Services	8
Counseling	9
Support Groups	10
Childcare & Education	10
Education & Community Outreach	10
Youth Mentoring	11
Transitional Housing, Foster Care and Adoption Services	11

Crisis and Intervention

Burke Center

East Texas - Angelina, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler counties.

1-800-392-8343 (HOTLINE)

Mental Health Services: 936-634-5010

Developmental Disabilities Services: 936-639-1479

Early Childhood Intervention Services: 936-634-4703

Mental health services (emergency, outpatient, detox), developmental disability assessment and care, early childhood intervention services

Covenant House Texas

1111 Lovett Blvd. Houston, TX 77006

713-523-2231

Transition housing, crisis care, health care, and counseling for homeless youth.

Crisis Intervention of Houston

1300 Bay Area Blvd, Houston, TX 77058

713-533-4500 (Main)

713-468-5463 (HOTLINE)

713-529-8336 (Teen)

713-526-8088 (Español)

24/7 Hotline, counseling & referral services, support groups, emergency transportation, and community prevention education

The Children's Assessment Center

2500 Bolsover Street Houston, TX 77005

1-800-252-5400 (Abuse HOTLINE)

713-986-3300 (Main)

Crisis intervention, forensic services, therapy & psychological services for individuals/families affected by sexual abuse, community outreach and education

Gulf Coast Center

866-729-3848 (HOTLINE)

2352 East Mulberry Angleton, Texas 77515

1-877-226-8780

3201 FM 2004 Texas City, Texas 77591

1-877-226-8780

Services, programs, and employment assistance for individuals with intellectual and developmental disabilities, mental illness, HIV, or substance use

Texas Family Protective Services

1-800-252-5400 (HOTLINE)

24/7 Hotline to report child abuse, neglect, or exploitation

Family Time Crisis and Counseling Center

1203 South Houston Ave., Humble, TX 77338

281-446-2615 (HOTLINE)

24/7 Hotline, counseling & referral services, and shelter to families/individuals affected by domestic or sexual violence

Houston Area Women's Center

1010 Waugh Drive Houston, TX 77019

713-528-6798 (Main)

713-528-2121 (Domestic Violence HOTLINE)

713-528-7273 (Rape Crisis HOTLINE)

24/7 Hotline, counseling & referral services, shelter, hospital accompaniment, and children's court services to families/individuals affected by domestic or sexual violence

Fort Bend Women's Center

PO Box 183 Richmond, TX 77406

(Call for location)

281-342-4357 (HOTLINE)

281-344-5750 (Main)

24/7 crisis hotline, emergency shelter, counseling, and legal and medical support

Houston Police - Crisis Intervention Team

713-884-3131

If there is NOT AN IMMEDIATE THREAT OF DANGER, but someone is acting out due to his/her mental state, and you live in the City of Houston, call the Houston Police Department's non-emergency number (listed above) and request that a Crisis Intervention Team is dispatched to the location of incident.

Mobile Crisis Outreach Team (Harris County)

713-970-7520 (HOTLINE)

On-site crisis intervention & assessment; sees people at home, at school, on the street, or anywhere in the community to provide emergency care to people in mental health crisis.

The Montrose Center

401 Branard Street Houston, Texas 77006

713-529-0037 (Main)

713-529-3211 (LGBT HELPLINE)

LGBT support; counseling, helpline, outpatient drug & alcohol dependency treatment, teen support groups, HIV/AIDS support.

National Suicide Prevention Hotline

1-800-273-8255 (HOTLINE)

24/7 Crisis intervention, suicide prevention.

National Human Trafficking Resource Center

1-888-373-7888 (HOTLINE)

24/7 Hotline, info and referral

Spindletop Center

409-838-1818 (HOTLINE)

24/7 Crisis intervention.

Teen Crisis Hotline

713-529-8336 (HOTLINE)

713-526-8088 (Español HOTLINE)

24/7 Crisis intervention, suicide prevention.

Texas Youth Hotline

1-800-989-6884 (HOTLINE)
512-872-5777 (Text)

Crisis counseling & shelter referral for runaway youth.

Tri-County Services

Multiple Locations
800-659-6994 (HOTLINE)
1-800-550-8408 (Main)

Psychiatric emergency treatment center.

United Way Information and Referral Services Helpline

800-543-7709 or 211

Crisis intervention and referral services.

Harris County Youth Services Center

6300 Chimney Rock Road Houston, TX, 77081
713-222-4100

24/7 Crisis intervention, assessment & referrals, counseling, emergency shelter; 24-hour intake center for youth, ages 10 to 16, who are picked up for status offenses such as runaway, truancy, curfew or Class C Misdemeanors and those who are in need of supervision.

Integrated Primary and Mental Health Care

Airline Children's Clinic

5808 Airline Drive Houston, TX 77076
713-695-4013

Affordable medical & dental care, counseling, lifestyle education for children under 18.

Texas Children's Center for Women and Children

Greenspoint:
700 North Sam Houston Parkway West, Houston, 77067
Southwest Houston:
9700 Bissonnet St., Houston, 77036
832-828-1005 (Main)

On-site behavior team with primary care doctor to address all needs including behavioral and emotional issues.

Planned Parenthood

Multiple locations
1-800-230-7526

Information & referral regarding family planning, medical services.

Northwest Assistance Ministries

15555 Kuykendahl
Houston, TX 77090
Needs Assistance: 281-583-5600 or 281-885-4531
Housing: 281-885-4567
Children's Clinic: 281-885-4630
Family Violence Center: 281-885-4673 or 1-888-750-4673

Emergency basic needs and housing assistance, children's clinic, and family violence center.

Developmental Disability Support

ASPIE of Houston - Asperger Syndrome Parent-Professional Information Exchange

Memorial Drive United Methodist Church
12955 Memorial Drive Houston TX, 77079
Sugarland Baptist Church
16755 Southwest Freeway Sugarland TX 77479
832-721-8537 (Group facilitator)

Resources and support groups for parents and professionals related to AS children, adults, and teens.

Attention Deficit Disorders Association Southern Region

12345 Jones RD. Suite 287-7
Houston, TX 77070
281-897-0982

Support groups and general education for those affected by ADD.

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) Greater Houston

281-265-7445

Support groups for those affected by ADD.

Burke Center

East Texas - Angelina, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler counties.
1-800-392-8343 (HOTLINE)
Mental Health Services: 936-634-5010
Developmental Disabilities Services: 936-639-1479
Early Childhood Intervention Services: 936-634-4703

Mental health services (emergency, outpatient, detox), developmental disability assessment and care, early childhood intervention services.

International Dyslexia Association - Houston Branch

P.O. Box 540504
Houston, TX 77254-0504
832-282-7154
1-800-628-5115

Dyslexia education and referral services.

Early Childhood Intervention Services

1-800-628-5115

Statewide program for families with children (birth to 3 years old) with disabilities and developmental delays.

Easter Seals Disability Services

4500 Bissonnet, Suite 340
Bellaire, TX 77401
713-838-9050

Variety of services that aim to improve the lives of children ages birth to 21 years old who live with all types of disabilities.

Family to Family Network

13150 FM529 Suite 106
Houston, TX 77041
713-466-6304
1-800-252-5400 (HOTLINE)

Education and training, referrals, and support
for families with children with disabilities.

Families for Effective Autism Treatment (FEAT) – Houston

1120 Medical Plaza Drive #100
The Woodlands, Texas 77380
281-361-3328

Information and resources about applied
behavior analysis for families and teachers
supporting individuals with autism.

Gulf Coast Center

866-729-3848 (HOTLINE)
2352 East Mulberry Angleton, Texas 77515
1-877-226-8780
3201 FM 2004 Texas City, Texas 77591
1-877-226-8780

Services, programs, and employment
assistance for individuals with intellectual and developmental
disabilities, mental illness, HIV, or substance use.

Texas Children's Hospital Autism Center

8080 N. Stadium Drive Houston, TX 77054
832-822-1900

Diagnostic evaluations and recommendations
for care for individuals with autism.

The Texas Department of Assistive and Rehabilitative Services

Multiple Locations
713-802-3100

Early childhood intervention services;
evaluation and assessment for families with children
(under 3) with disabilities and developmental delays.

University of Houston Clearlake Psychology Services Clinic

2700 Bay Area Blvd., Houston, TX, 77058
281-283-3330

Individual & family therapy, school-based
assessments, specialty clinic for autism and
developmental disabilities.

Urban Special Education Leadership Collaborative

617-969-7100 x 2447

Leadership development for children and
youth with disabilities; community advocacy.

Eating Disorders

Walker Wellness Clinic

5225 Katy Freeway, Ste. 415. Houston, Texas 77007
1-877-899-7254

Comprehensive eating disorder treatment: basic,
standard, and intensive outpatient programs open to adolescents.

Texas Children's Hospital, Eating Disorders Program

TCH Clinical Care Center, 11th floor, 6701 Fannin Street,
Houston, TX 77030
832-822-4887

TCH West Campus, I-10 and Barker Cypress
18200 Katy Freeway
Houston, TX 77094
832-822-4888

Continuum of care designed specifically for
patients 12 to 24 years of age who struggle with
disordered eating, outpatient and inpatient treatment.

Remuda Ranch

1 E Apache St. Wickenburg, AZ 85390
866-390-5100

Inpatient and residential treatment for female children,
adolescents and adults struggling with eating disorders.

Substance Use

The Association for the Advancement of Mexican Americans

AAMA Learning Center 6001 Gulf Freeway, Building E
Houston, TX 77023
713-967-6700

Alcohol and substance use prevention and
treatment for teens, charter school (PreK & 6th-12th).

Coalition of Behavioral Health Services

501 Garden Oaks Boulevard, Houston, Texas 77018
713-426-2637 x 4511

Online information for teens on how to help parents or friends
struggling with alcohol addiction, substance use treatment &
prevention tips resource directory for adolescents.

Cypress Creek Hospital

17750 Cali Drive, Houston, Texas 77090
281-586-7600 (Assessment and Referral Specialist)
281-586-5956 (Admissions)

Variety of services for adolescents ages 13 to
17 who are experiencing emotional and behavioral
problems; inpatient, day treatment, outpatient and
chemical dependency care.

Directions of Recovery Inc.

513 Thornton Rd, Houston, TX
713-695-5242

Rehabilitation Center.

Gulf Coast Center

866-729-3848 (HOTLINE)
2352 East Mulberry Angleton, Texas 77515
1-877-226-8780
3201 FM 2004 Texas City, Texas 77591
1-877-226-8780

Services, programs, and employment assistance for
individuals with intellectual and developmental disabilities,
mental illness, HIV, or substance use.

Houston Recovery Campus

4514 Lyons Avenue Houston, TX 77020
713-331-2636

Inpatient and outpatient substance use
treatment for adolescents.

IntraCare Behavioral Health North Hospital

1120 Cypress Station, Houston, TX 77090
281-893-7200

Mental health care for children (6-12 years,
inpatient & day treatment) and adolescents (13-17 years,
inpatient & partial hospitalization), substance use
treatment for adolescents.

New Dimensions Day Treatment Centers

Clear Lake: 1345 Space Park Dr., Ste C, Houston, TX 77058
281-333-2284

The Woodlands: 111 Vision Park Blvd., Ste 260, Shenandoah,
TX 77384

800-685-9796

Adolescent (13-18 years old) behavioral health and
chemical dependency programs.

Odyssey House Texas, Inc.

5629 Grapevine St. 77085
713-726-0922

Inpatient substance use
treatment for adolescents.

Palmer Drug Abuse Program

Call for location

281-589-4832

281-589-4602 (Español)

12 Step Peer Support Program (12-25 yrs.)

Right Step

Multiple Locations

844-878-4916

Inpatient and outpatient
substance use treatment for adolescents.

Santa Maria Hostel

2605 Parker Road Houston, TX 77093

713-691-0900

Addiction, recovery, housing, prevention and
intervention programs for women.

The Center for Success and Independence

3722 Pinemont Drive, Houston, TX 77018

713-426-4545

Residential treatment center for
adolescents (12-17 yrs.) with behavioral issues,
addictive disorders, trauma, or emotional distress.

The Council on Recovery

303 Jackson Hill Street Houston, Texas 77007

713-942-4100

Clinical screening & assessment,
referrals, therapy (individual & family),
support groups, teen hang out program.

The Montrose Center

401 Branard Street Houston, Texas 77006

713-529-0037 (Main)

713-529-3211 (LGBT Helpline)

LGBT support; counseling,
helpline, outpatient drug & alcohol dependency
treatment, teen support groups, HIV/AIDS support.

Turning Point Inc.

713-773-3280

West Clinic: 10175 Harwin, Suite 101, Houston, TX 77036

North Clinic: 4479 North Freeway, Houston, TX 77022

South Clinic: 8101-F Airport Boulevard, Houston, TX 77061

Ft. Bend Clinic: 117 Lane Drive, Suite 46, Rosenberg, TX 77471

13 to 24 week adolescent
(under 17 year old) substance use program.

West Oaks Hospital

6500 Hornwood, Houston, TX 77074

713-995-0909 (Assessment HOTLINE)

Adolescents (13-17 yrs.): Inpatient care, day treatment care,
chemical dependency, therapy & support groups, education.
Children (6-12yrs.): Inpatient care, day treatment care, therapy,
support groups, education, outpatient center

LGBT Support

The Montrose Center

401 Branard Street Houston, Texas 77006

713-529-0037 (Main)

713-529-3211 (LGBT Helpline)

LGBT support; counseling, helpline,
outpatient drug & alcohol dependency treatment,
teen support groups, HIV/AIDS support.

Bering Support Network

Hawthorne Street and Mulberry Street, Houston, Texas 77006

713-526-1017 x 206

Network that serves the HIV and LGBT communities
and their friends and families, by providing spiritual support,
pastoral counseling, and peer support groups
(grief recovery program, HIV support groups, gay shame
workshop, healthy relationships workshop).

HIV/AIDS

Bering Support Network

Hawthorne Street and Mulberry Street, Houston, Texas 77006

713-526-1017 x 206

Network that serves the HIV and LGBT communities and their
friends and families, by providing spiritual support, pastoral
counseling, and peer support groups
(grief recovery program, HIV support groups, gay shame
workshop, healthy relationships workshop).

The Center for AIDS Information & Advocacy

1415 California St. Houston, Texas 77006

713-527-8219

Information & referral.

Thomas Street Health Center

2015 Thomas Street, Houston, Texas 77009
713-873-4000

Freestanding HIV/AIDS clinic; provides medical care and psychological and social services to those who have been diagnosed with HIV/AIDS.

Emergency Mental Health Services

Harris Health Behavioral Health

Multiple Locations
713-526-4343 (For appointment)

Therapy, psychiatric and medical services.

Burke Center

East Texas - Angelina, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler counties.

1-800-392-8343 (HOTLINE)

Mental Health Services: 936-634-5010

Developmental Disabilities Services: 936-639-1479

Early Childhood Intervention Services: 936-634-4703

Mental health services (emergency, outpatient, detox), developmental disability assessment and care, early childhood intervention services.

Cypress Creek Hospital

17750 Cali Drive, Houston, Texas 77090
281-586-7600 (Assessment and Referral Specialist)
281-586-5956 (Admissions)

Variety of services for adolescents ages 13 to 17 who are experiencing emotional and behavioral problems; inpatient, day treatment, outpatient and chemical dependency care.

Gulf Coast Center

866-729-3848 (HOTLINE)
2352 East Mulberry Angleton, Texas 77515
1-877-226-8780
3201 FM 2004 Texas City, Texas 77591
1-877-226-8780

Services, programs, and employment assistance for individuals with intellectual and developmental disabilities, mental illness, HIV, or substance use.

Harris Health Neuropsychiatric Center

1502 Taub Loop, Houston, TX 77030
713-970-7070 (HOTLINE)
800-366-8288

24/7 crisis and emergency center; main public mental health emergency program in Harris County.

Houston Behavioral Healthcare Hospital

2801 Gessner Road Houston, TX 77080
832-834-7710

Inpatient and outpatient care for behavioral health issues.

Houston OCD Program

708 E. 19th Street, Houston, TX 77008
713-526-5055

Adolescent intensive outpatient program; specialty treatment for anxiety, phobias and depression.

Healthbridge Children's Hospital

2929 Woodland Park Drive Houston, TX 77082
281-293-7774

Inpatient treatment for mental illness related to pre-existing medical illness.

IntraCare Behavioral Health North Hospital

1120 Cypress Station, Houston, TX 77090
281-893-7200

Mental health care for children (6-12 years, inpatient & day treatment) and adolescents (13-17 years, inpatient & partial hospitalization), substance use treatment for adolescents.

Kingwood Pines Hospital

2001 Ladbroke Dr., Kingwood, TX 77339
281-404-1001 (24 hour referral specialist)

Inpatient crisis services for children (5-12 yrs.) and adolescents (13-17yrs.), family therapy & discharge planning.

Menninger Clinic

12301 Main Street Houston, TX 77035
800-351-9058

Inpatient psychiatric treatment (12-17yrs.), outpatient therapy for individuals and family, 6-8 week inpatient treatment for young adults (18-30 yrs.) struggling with transition into adulthood.

New Dimensions Day Treatment Centers

Clear Lake: 1345 Space Park Dr., Ste C, Houston, TX 77058
281-333-2284
The Woodlands: 111 Vision Park Blvd., Ste 260, Shenandoah, TX 77384
800-685-9796

Adolescent (13-18 years old) behavioral health and chemical dependency programs.

SAFE (Self Abuse Finally Ends) Alternatives

800-366-8288

Information & referral helpline.

The Center for Success and Independence

3722 Pinemont Drive, Houston, TX 77018
713-426-4545

Residential treatment center for adolescents (12-17 yrs.) with behavioral issues, addictive disorders, trauma, or emotional distress.

UT Harris County Psychiatric Center

2800 S. MacGregor Way Houston, Texas 77021
713-741-5000

Inpatient psychiatric hospital (voluntary and involuntary), group, family and individual therapy.

West Oaks Hospital

6500 Hornwood, Houston, TX 77074
713-995-0909 (Assessment HOTLINE)

Adolescents (13-17 yrs.): Inpatient care, day treatment care, chemical dependency, therapy & support groups, education.
Children (6-12 yrs.): Inpatient care, day treatment care, therapy, support groups, education, outpatient center.

Counseling

Bo's Place

10050 Buffalo Speedway Houston, TX 77054
713-942-8339

Grief support services to children (3-18 yrs.) and family, community education, information & referral.

DePelchin Children's Center

4950 Memorial Drive Houston, Texas 77007
713-730-2335

Mental health services (psychiatric services, counseling, autism services, trauma focused treatment), foster care, adoption services.

Family Services of Greater Houston

4625 Lillian St Houston, TX 77007
Other Locations: Baytown, Brookshire, Clear Lake, Stafford, The Woodlands.
713-861-4849

Case management and counseling for children, adolescents, and families.

Fort Bend Women's Center

PO Box 183 Richmond, TX 77406
(Call for location)
281-342-4357 (HOTLINE)
281-344-5750 (Main)

24/7 crisis hotline, emergency shelter, counseling, and legal and medical support.

Houston Area Women's Center

1010 Waugh Drive Houston, TX 77019
713-528-6798 (Main)
713-528-2121 (Domestic Violence HOTLINE)
713-528-7273 (Rape Crisis HOTLINE)

24/7 Hotline, counseling & referral services, shelter, hospital accompaniment, and children's court services to families/individuals affected by domestic or sexual violence.

Houston Galveston Institute Counseling Center

2990 Richmond Ave, Suite 530 Houston, TX 77098
713-526-8390

Child and adolescent counseling services, walk-in clinic.

Houston OCD Program

708 E. 19th Street, Houston, TX 77008
713-526-5055

Adolescent intensive outpatient program; specialty treatment for anxiety, phobias and depression.

InnerWisdom Counseling Center

10777 Stella Link Road, Houston, Texas 77025
713-592-9292

Full service, outpatient mental health facility; evaluation and treatment.

Interface-Samaritan Counseling Center

Multiple Locations
713-626-7990

Counseling, community education, and clinical consultation.

Jewish Family Services

4131 S. Braeswood, Houston, Texas 77025
713-667-9336

Counseling for children, adolescents, and families.

Krist Samaritan Center

17555 El Camino Real Houston, Texas 77058
281-480-7554

Counseling, psychological testing, psychiatric consultation, speech therapy.

The Harris Center for Mental Health and IDD Children and Adolescent Mental Health Services

Multiple Locations
713-970-7000

Assessment, counseling, case management, psychiatric services, skills training, school-based program.

Nick Finnegan Counseling Center

2714 Joanel Street Houston TX 77027
713-402-5046

Individual & family therapy for children of all ages including those younger than 6-years-old; youth and teen-focused support groups and workshops; parent-child training, counseling, support groups, referrals.

Northwest Assistance Ministries

15555 Kuykendahl, Houston, TX 77090
Needs Assistance: 281-583-5600 or 281-885-4531
Housing: 281-885-4567
Children's Clinic: 281-885-4630
Family Violence Center: 281-885-4673 or 1-888-750-4673

Emergency basic needs and housing assistance, children's clinic, and family violence center.

Solutions for Better Living

4500 Montrose Boulevard Suite E Houston, TX 77006
281-236-3989

Counseling, skills training, psychological testing, and case management to address needs of families living in poverty.

Texas Children's Psychiatry Clinic

Critical Care Center (17th floor) 6701 Fannin Street
Houston, TX 77030
832-822-3750

Psychiatric evaluations and pharmacological management.

Texas Children's Health Center Sugarland

15400 Southwest Fwy., Ste. 200 Sugar Land, TX 77478
281-494-7010

Psychiatric evaluations.

The Montrose Center

401 Branard Street Houston, Texas 77006
713-529-0037 (Main)
713-529-3211 (LGBT HELPLINE)

LGBT support; counseling, helpline, outpatient drug & alcohol dependency treatment, teen support groups, HIV/AIDS support.

University of Houston Psychology Research & Services Center

3695 Cullen Boulevard Room 126 Houston, TX 77204
713-743-8500

Assessment and intervention services, individual therapy.

Support Groups

Bering Support Network

Hawthorne Street and Mulberry Street, Houston, Texas 77006
713-526-1017 x 206

Network that serves the HIV and LGBT communities and their friends and families, by providing spiritual support, pastoral counseling, and peer support groups (grief recovery program, HIV support groups, gay shame workshop, healthy relationships workshop).

Depression and Bipolar Support Alliance of Greater Houston

PO Box 27607, Houston, Texas 77227
Multiple locations
713-600-1131

Support groups for individuals living with, or family and friends affected by, depression and bipolar disorders.

Children's Grief Education Association

832-576-2526

Education, support groups.

National Alliance on Mental Illness - Greater Houston

3630 West Dallas Suite 140 Houston, TX 77019
713-970-4419

Family-to-family & peer-peer education, support groups.

Childcare & Education

The Association for the Advancement of Mexican Americans

AAMA Learning Center 6001 Gulf Freeway, Building E
Houston, TX 77023
713-967-6700

Alcohol and substance use prevention and treatment for teens, charter school (PreK & 6th -12th).

Chinese Community Center

9800 Town Park Houston, Texas 77036
713-271-6100

Childcare for toddlers & preschoolers, after school & summer camp youth programs, language courses (English and Chinese).

Collaborative for Children

1111 North Loop West, Suite 600 Houston, Texas 77008
713-600-1100

Childcare, parent education classes, and referral services.

Community Family Centers

7524 Avenue E Houston, TX 77012
713-923-2316

Early childhood education, medical services, and after-school and summer camp youth programs.

Multicultural Education and Counseling through the Arts (MECA)

1900 Kane St. Houston, TX 77007
713-802-9370

Tutoring, mentoring, after-school programs, and art education.

Education & Community Outreach

Collaborative for Children

1111 North Loop West, Suite 600 Houston, Texas 77008
713-600-1100

Childcare, parent education classes, and referral services.

Houston/Harris County School Behavioral Health Initiative at Mental Health America of Greater

2211 Norfolk, Suite 810, Houston 77098
713-523-8963 x 244

Professional and parent network that solves problems, shares resources, and implements solutions, trainings and workshops related to mental health in school settings.

The Healthy Weigh

5959 W. Loop South, Suite 260, Bellaire, TX
713-622-6422

Nutritional counseling services for children and adolescents.

Planned Parenthood

Multiple locations
1-800-230-7526

Information & referral regarding family planning, medical services.

Youth Mentoring

Big Brothers Big Sisters

500 Dallas Street Ste 2900 Houston, TX 77002
713-271-5683

Community-based and school-based youth mentoring.

Multicultural Education and Counseling through the Arts (MECA)

1900 Kane St. Houston, TX 77007
713-802-9370

Tutoring, mentoring, after-school programs, and art education.

Transitional Housing, Foster Care and Adoption Services

Casa de Esperanza de los Niños, Inc.

2911 Corder, Building A Houston, TX 77054
713-529-0639

Crisis and long-term residential foster care (due to use, neglect, HIV), medical & psychological services.

Catholic Charities of the Archdiocese of Galveston-Houston

2900 Louisiana Street, Houston, Texas 77006 (Multiple locations)
713-526-4611 (Central office)

Adoption, foster care, counseling, and refugee youth support.

Covenant House Texas

1111 Lovett Blvd. Houston, TX 77006
713-523-2231

Transition housing, crisis care, health care, and counseling for homeless youth.

DePelchin Children's Center

4950 Memorial Drive Houston, Texas 77007
713-730-2335

Mental health services (psychiatric services, counseling, autism services, trauma focused treatment), foster care, adoption services.

Galveston Child Youth Services Directory

The Children's Services Board of Galveston County 722 Moody Ave, Fifth Floor Galveston, TX 77550
409-770-5547

Directory of community services with focus on youth welfare and foster care.

Northwest Assistance Ministries

15555 Kuykendahl, Houston, TX 77090
Needs Assistance: 281-583-5600 or 281-885-4531
Housing: 281-885-4567
Children's Clinic: 281-885-4630
Family Violence Center: 281-885-4673 or 1-888-750-4673

Emergency basic needs and housing assistance, children's clinic, and family violence center.

Star of Hope

Doris and Carlos Morris Men's Development Center,
1811 Ruiz, Houston, TX 77002
713-227-8900

Randy & Kathy Tabor Transitional Living Center for Women & Families

6801 Ardmore Houston, TX 77054
713-748-7242

Women & Family Emergency Shelter,
419 Dowling, Houston, TX 77003
713-222-2220

Emergency shelters and transitional living centers for homeless men, women, and families.



For more information about the campaign, or to get involved,
visit www.mhahouston.org/your-childs-emotional-backpack/
or email communications@mhahouston.org.

